

## Press & Media - North Cornwall Advertiser

2 NCA - DECEMBER 2009

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## KIVELLS

### FORTHCOMING AUCTIONS

Market Auction Rooms, Underlane, Holsworthy

Friday 11th December  
Catalogued Antiques & Collectables

Friday 5th February  
Collectors' Auction

Coins, Medals & Militaria, Stamps, Postcards, Models, Toys, and any other small collectables.

Entries now being accepted for this Auction Home visits for free valuations & advice Free storage prior to Auction


Recent prices include: 1820 Sovereign £280 others to £175, 1696 crown £140, FDC Air Mail stamps £560, Crimea medal £320, stereoscope cards £165, Postcard albums to £140, Barclay's Universal Dictionary £220, Clinton Estate Auction particulars £190

Contact Philip Walter  
on 01409 253275 or 07951 240305  
E-mail: auctions@kivells.com

### Chef's Choice

This month's recipe is provided by the head chef at Roserrow, Ryan Tomkins.

## Hot Chocolate Fondant (makes 4)



**Ingredients**  
225g Melted Butter  
225g Melted Chocolate  
5 Whole Eggs  
5 Egg Yolks  
225g Sugar  
225g Soft Flour  
1 Teaspoon Cocoa Powder  
Whisk together the eggs and sugar until creamy. Add melted butter and chocolate and whisk together. Sift in flour and mix. Grease 4 100ml dariole moulds and dust with cocoa powder evenly throughout moulds. Distribute the mix evenly in the moulds.

Bake for 8 minutes at 180°C/350 degrees F/Gas Mark 4. This is a simple chocolate dish on the outside and gooey in the middle. Perfect with vanilla ice cream or clotted cream.

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### ...and now for the wine

'TIS the season to revel, to go totally over the top, enjoy indulgence and celebrate an abundance of seasonal dessert dishes. This Hot Chocolate Fondant is so simple to make yet tastes as if you've had Ryan around for the afternoon whisking it up for you. It's a bit like that with dessert wine. It's as simple as pulling a cork and pouring it into a glass yet somehow has a reputation for over complicating things or being too flashy. It's Christmas! It's the time over-complicated shows off!

As far as matching food with dessert wine, it does need a little more thought but the results are often more impressive than with regular wine. Besides, you don't need to think, this is why we're here. Just let us know what you're serving and we'll give you some suggestions.

Chocolate is a devil in many ways and this is especially so with wine. Beneath its sweet exterior is the bitter world of the cocoa bean, stealing all the fruit flavours from your wine, leaving it tasting equally bitter. What you need to do to ensure a combination of sweet opulence is to 'fortify' your wine, either in the style of port or something naturally sweet. Try the Jean Bousquet Argentinian Malbec Dulce, taste-wise it's port-like, albeit slightly less sticky and a little more sweet than the rich, dark side of the grape coming through. 'Sweet Treats' on the late night shopping evenings so you can try for yourself!

Before I say merry Christmas and plead with you to buy all your festive lippies from us rather than a faceless country-wide shop I need to say a big goodbye and thank you to Sam. She's leaving us for life on the other side and we wish her the very best.

Merry Christmas!  
Tamsin Jones,  
Wadebridge Wines

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### Stars

## Sagittarius (Nov 23 - Dec 21)

Stone - Topaz  
Colour - Dark blue and purple  
Herb - Dandelion

Famous Sagittarians: Billy Connolly, Bruce Lee, Jimi Hendrix, Tina Turner, Churchill, Jim Davidson and Noel Coward.

The ruling planet of Sagittarius is Jupiter; it is a mutable masculine fire sign. Positive attributes are enthusiasm, open-mindedness, versatility, adaptability, frankness, good judgement and a general love of freedom. Negative attributes are hoisterousness, carelessness, exaggeration, extremism, irresponsibility and tactlessness.

Motto: The grass is always greener.

### SAGITTARIUS (Nov 23-Dec 21)

Mercury and Venus join with the Sun in Sagittarius, a fiery combination that cannot only bring plenty of festive cheer and determination to enjoy oneself whatever the cost. The darker side to this, however, that too much of a good thing is not very good at all, not on the health or the bank balance for that matter. Try and limit it in at least a couple of days this month. There is still next year to deal with on some point.

Find out more? 0906 602 5004

### CAPRICORN (Dec 22-Jan 20)

Photo remains pretty fixed giving you long term vision whilst the Sun and Mercury make an appearance. The overall effect should be very positive. Your charm alone should get you to where you want to go. With these planetary influences you should have a very positive mental attitude to life itself. Expect to be socially in demand, friends new and old will all want you to be at their gatherings.

Find out more? 0906 602 5005

### AQUARIUS (Jan 21-Feb 19)

Aquarius is still ruling the planet stakes with Jupiter, Neptune and Chron fixed in place. Your idealistic tendencies are causing chaos with those around who are against change. On a personal level try not to be drawn into unpleasant arguments. Whenever making change, there is always the problem of making a mess first. Keeping the faith goes with your instincts, stick to your guns and see your life-changing plans through. All who know you and care will benefit eventually.

Find out more? 0906 602 5006

### PISCES (Feb 20-March 20)

This is a time when family or loved ones should be the only thing on your mind. All negative thoughts and feelings about your past or work should be put to one side. Sometimes in life you have to turn your back on what you cannot fix and concentrate only on what you can embellish, even when it hurts to do so. When you can no longer give kindly or positively to a situation, just stop.

Find out more? 0906 602 5007

### ARIES (March 21-April 20)

Learn the art of blind faith - you are still facing a lot of uncertainty and have too much to do to think clearly about the consequences. The winter solstice on the 21st of December should be a mark for you to put the rest behind you and embrace a fresh start. Some things just need time, let nature take its course. With even more changes yet to come, embrace the circumstances you are in, you work best under pressure.

Find out more? 0906 602 4996

### TAURUS (April 21-May 21)

The more people you have around you this year the better. There is a need to feel that no matter what happens in a certain aspect of your life, that you are still loved by everyone who knows you. Your mind is less on Christmas and more on the emotional uncertainty you feel about next year. Sometimes there is little you can do to stop change. Live in the moment, save your future for next year and relax, you have won many battles in the past, this is just another you have to fight.

Find out more? 0906 602 4997

### GEMINI (May 22-June 21)

Times are changing and with it there is an air of uncertainty for you in the future. You may have to learn humility, this could come in the form of demotion in some way. All positions are expendable in life, forgetting it makes it all the more difficult to expect change. Health may not be on your side. If you do not show grace, support could be difficult to obtain. Let go of your fears and embrace the future positively.

Find out more? 0906 602 4998

### CANCER (June 22-July 23)

There is the growing possibility of an additional friendship taking precedence over your time. Christmas on its way will give you something positive to focus on, a certain family member needs cheering as they have been feeling a little vulnerable of late. Feelings of anger and frustration are upon you. We cannot change the world to our way of thinking, it may be time for you to try and change from within. Try talking to people you do not know for a change.

Find out more? 0906 602 4999

### LEO (July 24-Aug 23)

With Mars in Leo and Aquarius dominating with strong planetary influences this is a bit like the Clash of the Titans for Leo. Don't be surprised at explosive arguments and hostility, you could find your headstrong nature forcing you to walk away from people that have meant a lot to you. Pride is your gift and curse at this time of your life. Try not to forget that Christmas is a time for forgiveness. It is far easier than regret.

Find out more? 0906 602 5000

### VIRGO (Aug 24-Sept 23)

If not for your sake, for those you love, learn to face up to what you have become afraid of. The truth sets us all free. Worrying about outcomes leaves us stuck in a time warp with no real progress. There is a lot more love and understanding than you think there may be. Expect a journey, you may find yourself doing the visiting this Christmas. A blast from the past could leave you emotional but relieved to see friendly faces.

Find out more? 0906 602 5001

### LIBRA (Sept 24-Oct 23)

There has been much hard work of late and as usual at times of festivities most people down tools and go off to play. The kindly Libran could find that they end up tending everybody else's loose ends. Even if it does literally feel like once a year, go and have some fun. Cleaning up mess is done better as a team. Librans are the kind who surprise everybody and really let their hair down.

Find out more? 0906 602 5002

### SCORPIO (Oct 24-Nov 22)

Exhaustion could be a big factor in the next few weeks, saying yes to more responsibility comes with the nature of the Scorpion. The more leisure time you get this month the better it is for you. So for a change try and delegate to enthusiastic individuals around you who may be trying to make their mark. There is one relationship that will need extra care to get back on an even footing.

Find out more? 0906 602 5003

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NO market on 1st January 2010.  
Back on Friday 8th January  
Enq: Helen Warren 01566 777650

### The Inner Wheel Club of Camelford

THE Inner Wheel Club of Camelford sends season's greetings to all our friends. Our president's charity this year was the Juvenile Diabetes Research Foundation. We also sent donations to the Air Ambulance, ShelterBox, Salvation Army and Cornwall Hospice Care. We packed a Water Box with useful household articles and water treatment tablets and sent it off. One of our members arranged a display for the Llaneglos Church Flower Festival and our president laid a wreath of poppies at the Armistice Day service.

Mrs Myra Prior, club correspondent

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